



You eat what?

Six strange food ideas from the English-speaking world

There is a famous saying: 'One man's meat is another man's poison.' Some of the foods below may seem almost worse than poison to you but others love them. Our reporter, John Peckish, tried some strange foods from Britain and Australia – and is still alive to tell you about them!

1 **Marmite.** It's black and it's sticky. It smells awful. You put it on toast and you either love it or hate it but the little black jars with the yellow labels are famous and, whatever Australians may say, Vegemite is just not as good.

2 **Steak and kidney pie.** A thick crispy top with beef and beef kidneys inside. Yes, kidneys can taste good. They need to be cooked very, very slowly. Steak and kidney pudding has a soft top. Pie is better.

3 **Welsh rabbit.** Also called Welsh rarebit. You may see this on a menu and think you'd like some rabbit meat. Unfortunately, what you'll get is cheese on toast. The food isn't strange, just the name.

4 **Deep fried chocolate bars.** For some reason, in the 1990s a fish and chip shop in Scotland decided to fry a chocolate bar in the oil it cooked fish in. They soon became a huge success and you can find them on sale in the tourist sections of Edinburgh. Only 60p.

5 **Toad in the hole.** No, it doesn't include toads. It's just sausages in a Yorkshire Pudding. And that is just pancake mix; flour, milk and egg but cooked in very hot oil so that it rises up and becomes crispy.

6 **Tim Tam slams.** A Tim Tam is an Australian chocolate biscuit. For a Tim Tam slam, you bite off two opposite corners and use the biscuit as a straw with a hot chocolate drink. As soon as you feel the drink coming through, eat the biscuit for a delicious, warm, chocolaty sensation. ■

GLOSSARY

- crispy kruchy, chrupiący
- kidneys nerki
- toad ropucha
- pancake naleśnik
- flour mąka
- straw słomka