



BBC What's for lunch?



Before you watch

- 1 SPEAKING** What food do students in your country usually eat for school lunch? Discuss.
- 2** You are going to watch a video about lunch in a school in Thailand. What food do you think students in Thailand eat? Compare with a partner.

hamburgers spicy food crisps meat
pizzas vegetables traditional Asian dishes
insects

While you watch

- 3** Watch the video and check your ideas in Exercise 2. What is the name of the main ingredient of the school lunch? What do you call it in your language?
- 4 SPEAKING** Explain the meaning of the words used in the video. Discuss with a partner.

catch fry protein salty pan recipe

- 5** Put the events in chronological order (from morning till night). Watch the video again and check your answers.

- Students have their lunch.
- Children bring insects to school.
- The Headmistress prepares the food.
- Children go to bed.
- Students do their homework.
- Children catch insects.

- 6** Complete the recipe. Why can't Stefan put in too much soy sauce? Watch the second part of the video (01:51–02:41) and check your answers.

The recipe is very ¹_____. There aren't many ingredients. First, you ²_____ some oil in a big pan and put the ³_____ into it. You ⁴_____ them and mix them. You can add some local ⁵_____ too. The smell is very ⁶_____. Then you take out the ⁷_____ and put some soy sauce into it. But not too much!

- 7** Answer the questions. Watch the last part of the video (02:42–03:15) and check.

- How many people in the world eat insects every day?
- Why are insects healthy for us?
- How can farmers make money?

After you watch

- 8 SPEAKING** Look at the prompts and practise a conversation between a student from your country and a student from the school in Thailand.
 - (what / kind / food / you / eat / in school?)
 - (you / bring / your / own / food / to school?)
 - (many / crickets / you / eat / every day?)
 - (what / your / favourite / dish?)
- 9** Imagine you are the girl or the boy from the photo. Write about your school lunch in Thailand.



FOCUS VLOG Things you eat

- 1** Which things do people usually have in their fridge? Compare your ideas with a partner.

milk meat pasta fruit butter eggs
cola rice nothing vegetables

- 2** Watch Ashleigh, Thomas, Palak, Mahak, Simone and Florian answering the questions below. Which of the items in Exercise 1 do they mention?

- What's in your fridge at the moment?
- What food do you buy every week?

- 3** Complete the sentences. Then watch again and check your answers.

Thomas: In my fridge at the moment there ¹_____ milk, butter, vegetables and fruit.

Palak: I have ²_____ fruit in my fridge at the moment.

Mahak: And ³_____ milk as well.

Simone: I don't buy ⁴_____ foods.

- 4 SPEAKING** What is there in your fridge at the moment? What do you buy every week? Tell your partner.